

# ***“Feel Japan”***

## ***ancient road Trekking and MTB Riding***



During the trek along Mt. Daisen's ancient road enjoy traveling far back in time.



Wander around the villages and rice fields on narrow paths for your relaxation.



MTB riding, The majestic Japan sea right before your eyes at the goal.



Enjoy Japanese tea or experience making traditional Japanese rice balls with a local grandma.

### **Mt. Daisen ancient road Trekking & MTB Riding**

【Required time-4hour/Distance-about 24km】

Off road riding from the halfway up down to the foot of Mt. Daisen led by a guide.

**First half** - Mt. Daisen ancient road trekking and walking around Japanese local villages.

■ Tea time at the local farmers house.

■ Lunch at the rice fields. (Rice balls, Japanese pickles, Miso Soup)

**Second half** - MTB riding, we explore genuine mountain, river on the bike.

The majestic Japan sea right before your eyes at the goal .

\* Up and down course

**Predetermined Price ¥8.000**

■ MTB rental included

■ A gift of Mt. Daisen bottled water(500ml)

■ Needed ¥200 for accident insurance fee



### **Mt. Daisen to Sea of Japan Downhill Cycling Tour**

【Required time-3.5hour/Distance-about 22km】

Mt. Daisen Ski Site (elevation 850 meters) to the sea level.  
We supply “Cross bike” for riding.

Sometimes we stop, get off our bikes and enjoy river trek.

**Nature, History, Refreshment and Hospitality.**

Please feel free to chat with people you meet during this tour.  
We hope you have memorable encounter.

Local obaa-san ladies with beaming faces are waiting for you!  
You will find the real Japan!

Enjoy “Downhill Cycling Tour” . \* relatively downbound course

**Predetermined Price ¥5.000**

■ Crossbike rental included

■ A gift of Mt. Daisen bottled water(500ml)

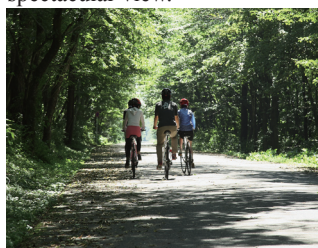
■ Needed ¥200 for accident insurance fee



On clear days, the landscape of the sea and mountain ranges are spectacular view.



Can you feel the wind running through the vast green meadow.



What a relaxing ride under a light falling onto you through the trees after uphill.



The body does not only become healthier, but it also helps to heal the heart.

**Reserve & info:**

## ***Adventure and Ecotours in Daisen***



634 Akamatsu, Daisen-cho, Saihaku-gun, Tottori 689-3319 Japan

Call +81-859-53-8036 Fax +81-859-53-8036

<http://www.japro.com/morinokuni>

